

Selective Attention Homework

SPECIAL TIME

	Behaviors you ignored	How Long?	What Praise followed?	Behaviors not ignored?
Monday				
Tuesday				
Wednesday				
Thursday				
Friday				
Saturday				
Sunday				

Mending Hearts Family Counseling Center, Inc.

6371 Haven Ave STE 3 #156; Rancho Cucamonga, CA 91737

(909) 787-1968 tele.; (909) 610-7572

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THROUGHOUT THE DAY

	Behaviors you ignored	How Long?	What Praise followed?	Behaviors not ignored?
Monday				
Tuesday				
Wednesday				
Thursday				
Friday				
Saturday				
Sunday				

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